



COVID-19 Exposure Prevention, Preparedness, & Response Safety Plan

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COVID-19 Exposure Prevention, Preparedness, & Response Safety Plan

Safety Plan Outline

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1. Purpose

A/Z Corporation (A/Z) is committed to providing a safe and healthy work environment for everyone involved in all A/Z projects. To this end, we have developed the following COVID-19 Exposure Prevention, Preparedness, & Response Safety Plan that addresses the safety concerns of each project as well as the safety expectations of A/Z and our clients. This program supplements, but does not supersede, the A/Z Corporate Safety Manual, safety programs of our clients, or other applicable requirements. The requirements of this program may vary depending on specific job site conditions.

We feel this plan will allow everyone onsite to maintain a safe work environment while still moving forward with this project. A/Z and its subcontractors will follow all CDC, WHO, DPH and local guidelines and executive orders with respect to the ongoing pandemic. Any changes announced by these organizations will be immediately implemented into A/Z's COVID-19 Exposure Prevention, Preparedness, & Response Safety Plan.

2. Scope

A/Z Corporation (A/Z) takes the health and safety of our team members (TMs) very seriously. With the spread of the coronavirus or "COVID-19," a respiratory disease caused by the SARS-CoV-2 virus, A/Z must remain vigilant in mitigating the outbreak. The company is a proud part of the construction industry, which many have deemed "essential" during this Declared National Emergency. In order to be safe and maintain operations, we have developed this COVID-19 Exposure Prevention, Preparedness, & Response Safety Plan to be implemented, to the extent feasible and appropriate, throughout the company and at all our jobsites. The company has also identified a team of employees to monitor the related guidance that U.S. Center for Disease Control and Prevention ("CDC") and Occupational Safety and Health Administration ("OSHA") continue to make available.

This Safety Plan is based on information available from the CDC and OSHA at the time of its development and is subject to change based on further information provided by the CDC, OSHA, and other public officials. A/Z may also amend this Plan based on operational needs.

3. Responsibilities of Managers & Supervisors

All managers and supervisors must be familiar with this plan and be ready to answer questions from TMs. Managers and supervisors must set a good example by following this safety plan at all times. This involves practicing good personal hygiene and jobsite safety practices to prevent the spread of the virus. Managers and supervisors must encourage this same behavior from all TMs.



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A/Z's supervisors will be responsible for enforcing all of the guidelines put in place by A/Z. If any personnel are found to be in violation any of these guidelines, they will be issued a warning and the A/Z project manager will be notified of this violation. The appropriate representative from the violator's party will be notified in writing of said violation. Any further violations of these guidelines by the team member will be grounds for removal from the site permanently.

4. Responsibilities of COVID-19 Coordinator

COVID-19 Coordinator (Project Superintendent, Foreman, or Project Manager) will lead and coordinate the project's efforts in ensuring that the health components of COVID-19 preparedness, response and recovery program adhere to the requirements of this Exposure Prevention, Preparedness & Response Safety Plan, and all local, state and federal requirements.

- Coordinate and implement COVID-19 preparedness activities.
- ▶ Provide support as a focal point on activities related to COVID-19 preparedness.
- ▶ Continuously monitor and supervise COVID-19 preparedness and response activities.
- Attend relevant meetings, collect feedback and provide input and guidance on guidelines.
- ► Enforcing social distancing guidelines.
- Constantly surveying the jobsite for areas that can be improved for social distancing and groups congregating too closely.
- Ensuring that hand sanitizer and hand washing stations are always filled and working.
- Listening for feedback, answering questions, and addressing concerns.

5. Responsibilities of TMs

A/Z is asking every one of our TMs to help with our prevention efforts while at work. In order to minimize the spread of COVID-19 at our jobsites, everyone must play their part. As set forth below, the company has instituted various housekeeping, physical distancing, and other best practices at our jobsites. All TMs must follow these. If a team member, elects not to accept their role or responsibility as established within the plan they will be considered a direct threat and may be barred or removed from the project.

Examples of direct threat include a team member interfering with the personnel wellness expectations, PPE requirements, and personal hygiene practices. In addition, TMs are expected to report to their managers or supervisors if they are experiencing signs or symptoms of COVID-19, as described below. If you have a specific question about this plan or COVID-19, please ask your manager or supervisor. If they cannot answer the question, please contact A/Z's safety team.



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OSHA and the CDC have provided the following control and preventative guidance for all TMs, regardless of exposure risk:

- ► Frequently wash your hands with soap and water for at least 20 seconds. When soap and running water are unavailable, use an alcohol-based hand rub with at least 60% ethanol or 70% isopropanol.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- ▶ Follow appropriate respiratory etiquette, which includes covering for coughs and sneezes.
- Avoid close contact with people who are sick.
- Wear face coverings.

In addition, TMs must familiarize themselves with the symptoms of COVID-19, which include the following:

- Coughing;
- ► Fever (100.3° F or higher).
- Shortness of breath, difficulty breathing.
- ► Early symptoms such as chills, body aches, sore throat, headache, diarrhea, nausea/vomiting, runny nose, and loss of taste and smell.

Symptoms may take up to ten days to appear after exposure to the virus. Coronaviruses are most commonly spread from an infected person through:

- Respiratory droplets when you cough or sneeze.
- Close personal contact, such as touching or shaking hands.
- ▶ Touching something with the virus on it, then touching your eyes, nose or mouth before washing your hands.

If you develop a fever and symptoms of respiratory illness, such as cough or shortness of breath, **DO NOT GO TO WORK** and call your supervisor and healthcare provider right away. Likewise, if you come into close contact with someone showing these symptoms, call your supervisor and healthcare provider right away.

Call List

The following call list can be utilized to maintain communication on the project.

Contact Name	Title	Cell Phone
	Project Superintendent	
	Project Manager	
	COVID-19 Coordinator	
Matt Gale	Regional Safety Manager	860.460.3004
Kathy Bouchey	Director of Human Resources	860.949.0273



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6. Job Site Protective Measures

The company has instituted the following protective measures at all jobsites.

1. General Safety Policies & Rules

- All TMs will self-report to their respective crew leaders upon arriving to the job site. Prior to starting work each day, personnel are asked to certify on the Project Personnel Survey Notification (Appendix D) that they:
 - Have no signs of a fever or a measured temperature above 100.3° F or greater, a cough, or trouble breathing within the past 48 hours.
 - Have not had "close contact" with an individual diagnosed with COVID-19. "Close contact" means living in
 the same household as a person who has tested positive for COVID-19, being within six feet of a person
 who has tested positive for COVID-19 for about ten minutes or longer, or coming in direct contact with
 secretions (e.g., sharing utensils, being coughed on) from a person who has tested positive for COVID-19,
 while that person was symptomatic.
 - Have not been asked to self-isolate or quarantine by a doctor or a local public health official.
- ▶ Ability to perform temperature checks will be available at A/Z job sites when/where required.
- ▶ Any team member/contractor/visitor showing symptoms of COVID-19 will be asked to leave the jobsite and return home.
- Team member communications and job site training will be as follows:
 - All new TMs will receive project-specific COVID-19 training during safety orientation;
 - Zero tolerance for sick TMs reporting to work
 - CDC COVID-19 symptoms
 - Roles and Responsibilities
 - Hygiene and sanitation
 - Physical distancing high volume areas, meeting locations, crew and break areas
 - All existing project TMs returning to the job sites will participate in a safety stand down on COVID-19. The stand downs will be conducted in appropriately proportioned groups and managed over the course of weeks in order to maintain social distancing;
 - Written communications on COVID-19 will be available to all TMs;
 - CDC COVID-19 laminated safety signage will be prominently displayed on the job sites;
 - A/Z project management will ensure adherence to this COVID-19 Exposure Prevention, Preparedness, and Response Safety Plan.
- Safety meetings will be by telephone/video conference, if possible. If safety meetings are conducted in-person, the meetings will happen outside, and attendance will be collected by electronic submission by each trade field lead. Attendance will not be tracked through passed-around sign-in sheets or mobile devices. During any



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in-person safety meetings, avoid gathering in groups of more than 10 (RI, MA, CT, NJ, PA, DE), people and participants must remain at least six feet apart.

- Multi-person activities will be limited where feasible (e.g. two-person lifting activities).
- TMs must avoid physical contact with others and will direct others (co- workers/contractors/visitors) to increase personal space to at least six feet, where possible. Where work trailers are used, only necessary employees should enter the trailers and all TMs should maintain physical distancing while inside the trailers.
- No handshaking, fist or elbow bumping (wave instead).
- Work activities are evaluated to confirm physical distancing of six feet apart can be maintained while performing a task. Each crew leader is responsible to keep all crew members a minimum of six feet apart. When a task cannot be performed while maintaining Physical Distancing, each contractor will submit a list of close-contact activities along with the Daily Safe Plan of Action to support the work. Additional PPE will be required to engage in that task (refer to personal protective equipment and work practice controls below)
- ▶ All in-person meetings will be limited. To the extent possible, meetings will be conducted by telephone/video conference.
- TMs will be encouraged to stagger breaks and lunches, if practicable, to reduce the size of any group at any one time to less than ten people. TMs will maintain physical distancing during breaks and lunches. TMs are recommended to bring food from home. Canteen trucks will be prohibited from A/Z job sites.
- ▶ A/Z understands that due to the nature of our work, access to running hot water for hand washing may be impracticable for team member's ability to frequently wash their hands with soap and water for at least 20 seconds. When available, handwashing stations will be provided with soap, hand sanitizer and paper towels. When soap and running water are unavailable, A/Z will provide an alcohol-based hand rub sanitizer with at least 60% ethanol or 70% isopropanol. COVID-19 hand washing instructions will be posted at hand sanitizing areas.
- TMs should limit the use of co-workers' tools and equipment. To the extent tools must be shared, the company will provide disinfecting supplies to clean tools before and after use. When cleaning tools and equipment, consult manufacturing recommendations for proper cleaning techniques and restrictions.
- ► TMs are encouraged to limit the need for N95 respirator use, by using engineering and work practice controls to minimize dust. Such controls include the use of water delivery and dust collection systems, as well as limiting exposure time.
- ▶ The company will proportionately size shifts and minimize varied trades per floor where possible so that projects can continue working effectively to maintaining six feet social distancing separation in work areas.
- As part of the division of larger crews/staff, the company will consider dividing TMs into dedicated shifts, at which point TMs will remain with their dedicated shifts for the remainder of the project. If there is a legitimate reason for a team member to change shifts, the company will have sole discretion in making that alteration.



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► TMs are encouraged to minimize ridesharing and should travel separately to work sites. While in vehicles, TMs must ensure adequate ventilation.

- If practicable, each team member should use/drive the same truck or piece of equipment every shift.
- In lieu of using a common source of drinking water, such as a cooler, TMs should use individual water bottles.

2. TMs Entering Occupied Buildings

- ► Construction and maintenance activities within occupied office buildings, and other establishments, present unique hazards with regards to COVID-19 exposures. Everyone working within such establishments should evaluate the specific hazards when determining best practices related to COVID-19.
- ▶ During this work, TMs must sanitize the work areas upon arrival, throughout the workday, and immediately before departure. A/Z will provide disinfecting supplies for this purpose.
- ► TMs should ask other occupants to keep a personal distance of six feet at a minimum. Additional PPE will be required if social distancing cannot be maintained. TMs should wash or sanitize hands immediately before starting and after completing the work.

3. Job Site Visitors

- ▶ The number of visitors to the job site, including the trailer or office, will be limited to only those essential for the work.
- ▶ All visitors will be screened in advance of arriving on the job site. If the visitor answers "yes" to any of the following questions, he/she should not be permitted to access the jobsite:
 - Have you been confirmed positive for COVID-19?
 - Are you currently experiencing, or recently experienced, any acute respiratory illness symptoms such as fever, cough, or shortness of breath?
 - Have you been in close contact with any persons who has been confirmed positive for COVID-19?
 - Have you been in close contact with any persons who have traveled and are also exhibiting acute respiratory illness symptoms?
- ▶ Site deliveries will be permitted but will be properly coordinated in line with A/Z's minimal contact and cleaning/disinfecting protocols as stated in this plan. Delivery personnel should remain in their vehicles if possible.

4. Personal Protective Equipment & Work Practice Controls

- ▶ Employers will provide their personnel with all project required PPE.
- ▶ Employers will provide their personnel with a sufficient quantity of, and personnel will wear a standard face mask when physical distancing cannot be maintained. IMPORTANT: Respirators with exhalation valves will not be permitted as they allow unfiltered air to be expelled into the work area.



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Contractors will utilize N95 filtering face-piece respirators sans valve versus half-face piece elastomeric respirators for tasks where a P100 cartridge is not required. If P100 cartridges are required, the contractor will establish a containment area with negative pressure. When out of this area, workers will don a standard face mask.

- In addition to minimally required job site PPE (hard hat, safety glasses with side shields, safety toed work shoes, ANSI cut level 4 gloves, hi-vis outer garment), personnel will wear face masks/coverings (e.g. surgical mask, dust mask, gaiter with two layers or folded over to make two layers, dust scarf) and face shield during close-contact activities unless a team member can easily, continuously, and measurably maintain at least six feet of physical distance from other individuals for the entire duration of his or her work. All personnel must wear face coverings in common areas. The requirement to wear a face covering may be exempted by A/Z Project Management when doing so would negatively impact the safety of the team member or lead to an increased risk of harm to the team member or others. Examples include but are not limited to:
 - Working from ladders or at height;
 - When other respiratory protection is required;
 - When operating heavy machinery and the mask impairs hearing or communication.
- Due to the current shortage of N95 respirators, the following Work Practice Controls should be followed:
 - Keep dust down by using engineering and work practice controls, specifically through the use of water delivery and dust collection systems.
 - Limit exposure time to the extent practicable.
 - Isolate TMs in dusty operations by using a containment structure or distance to limit dust exposure to those TMs who are conducting the tasks, thereby protecting nonessential personnel and bystanders.
- Institute a rigorous housekeeping program to reduce dust levels on the jobsite.

7. Job Site Cleaning & Disinfecting

The company has instituted regular housekeeping practices, which include cleaning and disinfecting frequently used tools and equipment, and other elements of the work environment, where possible. These practices will adhere to the CDC recommended steps for properly cleaning and disinfecting. TMs should regularly do the same in their assigned work areas.

- ▶ Jobsite trailers and break/lunchroom areas will be cleaned daily. TMs performing cleaning will be issued proper personal protective equipment ("PPE"), such as nitrile, latex, or vinyl gloves and gowns (if necessary), as recommended by the CDC.
- ▶ Any trash collected from the jobsite must be changed daily by someone wearing nitrile, latex, or vinyl gloves.



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Any portable jobsite toilets will be cleaned by the leasing company at least twice per week and disinfected daily on the inside. A/Z will ensure that hand sanitizer dispensers are frequently filled. Frequently touched items (i.e. door pulls and toilet seats) will be disinfected daily.

- ▶ Portable bathrooms and hand washing stations will be spaced six feet apart.
- ▶ Vehicles and equipment/tools should be cleaned at least once per day and before change in operator or rider.
- ▶ OSHA has indicated that a reliable report that an employee has tested positive for COVID-19 does not typically require an employer to perform special cleaning or decontamination of work environments, unless those environments are visibly contaminated with blood or other bodily fluids. Notwithstanding this, A/Z will clean those areas of the jobsite that a confirmed-positive individual may have contacted and it will do so before employees can access that workspace again.
- A/Z will ensure that any disinfection will be conducted using one of the following:
 - Common EPA-registered household disinfectant;
 - Alcohol solution with at least 60% alcohol; or
 - Diluted household bleach solutions (if appropriate for the surface).
- ▶ A/Z will maintain safety data sheets of all disinfectants used on site.

8. Job Site Exposure Situations

The CDC establishes that employers should not require a positive COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work. Healthcare provider offices and medical facilities may be extremely busy and not able to provide such documentation in a timely manner. Based upon this guidance the following return to work protocol has been established:

Team Member Complaining of or Exhibiting COVID-19 Symptoms

- ▶ Immediately report the individual's identity, location and symptoms to the crew leader, A/Z project management team, and A/Z Safety department.
- Do not approach the individual.
- Instruct the individual to use their standard face mask if it is not being utilized.
- ▶ Isolate the individual outside while maintaining physical distancing.
- Review the daily personnel health survey questions with the individual.
- Verify TM does not have any of the following symptoms:
 - Fever or Chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue



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- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If TM is experiencing any of the above symptoms, refer to job site cleaning and disinfecting. If a team member exhibits COVID-19 symptoms, the individual must remain at home until he or she is symptom improved and fever free (100.3° F or less using an oral thermometer twice per day) for 48 hours (two full days) without the use of fever-reducing or other symptom-altering medicines (e.g., cough suppressants), and at least seven days have passed since the symptoms first appeared.

A/Z will similarly require an employee who reports to work with symptoms to return home until he or she is symptom free for 72 hours (3 full days), and at least seven days have passed since the symptoms first appeared. To the extent practical, employees may be required to obtain a doctor's note clearing them to return to work.

Team Member Potential Exposure to COVID-19 Through Testing

All team members who test positive for COVID, or who have been notified that they were in close contact with someone who has tested positive for COVID, are required to adhere to the following protocol:

- Contact your immediate Supervisor/Manager/Director
- Contact Kathy Bouchey, A/Z Human Resources, 860-949-0273
- Contact Dr. Curtis, 207-317-0887. Dr. Curtis's office will advise as to the TM's return to work, and Dr. Curtis's office will conduct contact tracing.

TMs who test positive and have been hospitalized may return to work when directed to do so by their medical care providers. A/Z will require an employee to provide documentation clearing his or her return to work.

Team Member Has Close Contact with an Individual Who Has Tested Positive for COVID-19

TMs who have come into close contact with an individual who has tested positive for COVID-19 (co-worker or otherwise) will be directed to self-quarantine for five days from the last date of close contact with that individual. (TM will have to quarantine for five days from last contact prior to testing). "Close contact" is defined as living in the same household as a person who has tested positive for COVID-19, being within six feet of a person who has tested positive



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for COVID-19 for about ten minutes or longer, or coming in direct contact with secretions (e.g., sharing utensils, being coughed on) from a person who has tested positive for COVID-19, while that person was symptomatic.

If A/Z learns that a team member has tested positive, the company will conduct an investigation to determine coworkers who may have had close contact with the confirmed-positive team member for the period 48 hours presymptom up to the time the confirmed positive team member was no longer on the project and direct those individuals who have had close contact with the confirmed-positive team member to self-quarantine for five days from the last date of close contact with that team member.

If applicable, the company will also notify any subcontractors, vendors/suppliers or visitors who may have had close contact with the confirmed-positive team member. If an individual learns that he or she has come into close contact with a confirmed-positive individual outside of the workplace, he/she must alert a manager or supervisor of the close contact and self-quarantine for ten days from the last date of close contact with that individual.

Tracing Contacts of Virus Cases

- Direct contact is defined as any person having close physical (within six feet) or confined airspace contact with an infected person for at least ten minutes.
- Local health departments may assume responsibility for contact tracing. Under these circumstances, A/Z will assist the health department in gathering information. If the health department is not involved, contact tracing will be initiated by the company.
- ▶ The first priority is to determine and track the affected employee's movements, beginning ten days before onset of symptoms.
- ▶ The next step is to identify and interview all known close contacts. Advise contacts that they have been exposed to a person suspected of having COVID-19. Ask the contacts to go home and stay home until the virus incubation period has passed (reference Appendix E).
- ▶ If contacts of virus patients have no symptoms, there is no need to trace contacts of these contacts.

At Home

When an employee reports a diagnosis of a virus that developed after work hours, the company must determine when the employee was most recently on-site in a company facility. If the employee had exposure to other staff within the virus's incubation period, the same procedure should be followed as for managing virus cases at work (i.e., perform contact tracing, disinfect work areas, etc.).



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9. Travel Expectations

Due to the essential nature of construction, we are not issuing any restrictions on vehicular travel within the US that does not require an overnight stay; however, cases of COVID-19 continue to be present. Therefore, it is essential that our TMs and subcontractors continue to take steps to help prevent getting and spreading COVID-19 during travel as outlined by the CDC.

All TMs who travel domestically between states with overnight stays and / or via public transportation must complete the appropriate pre-screen checklist questionnaire ahead of time and submit to Dr. Curtis who will direct return to work requirements based on the following protocol. TMs should also check the specific state and local health guidance.

TMs who travel from a high rate areas:

- COVID-19 test required upon arrival.
- If symptom free, they may return to work while awaiting test results with mandatory face covering use at ALL times regardless of social distancing.
- Mandatory face covering required for a minimum of five days regardless of test results
- ▶ If test results are still pending after five days, mandatory face covering use will be required until a negative test is received.
- If at any time one develops symptoms, they must call Dr. Curtis.
- ▶ TMs may remove their masks for a break only when six feet or more from others.

Team Member travel from a low rate area:

- ► No COVID-19 test required upon arrival
- If they do not have symptoms they can go to work with mandatory face covering use for five days at all times.
- If at any time one develops symptoms, they must call Dr. Curtis.

If a member of your household travels from any area:

- No team member COVID-19 test required if household member does not have symptoms.
- ► Team member may go to work with mandatory face covering use for five days if social distance (minimum six feet) is unable to be maintained regardless of the duration.
- ► Team member may only remove their face covering if working in excess of six feet from others. However, these TMs will wear a face covering anytime they are moving around common areas (e.g., in hallways and stairwells, going to the restroom or break room, etc.).



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For international travel, TMs will be required to present a negative test and complete appropriate pre-screen checklist questionnaire ahead of time and submit to Dr. Curtis who will direct return to work requirements based on the following protocol.

10. Confidentiality/Privacy

Except for circumstances in which A/Z is legally required to report workplace occurrences of communicable disease, the confidentiality of all medical conditions will be maintained in accordance with applicable law and to the extent practical under the circumstances. When it is required, the number of persons who will be informed that an unnamed team member has tested positive will be kept to the minimum needed to comply with reporting requirements and to limit the potential for transmission to others. The company reserves the right to inform the local Department of Health, and other TMs that an unnamed co-worker has been diagnosed with COVID-19 if the other TMs might have been exposed to the disease so the individuals may take measures to protect their own health. A/Z also reserves the right to inform sub-contractors, vendors/suppliers or visitors that an unnamed team member has been diagnosed with COVID-19 if they might have been exposed to the disease so those individuals may take measures to protect their own health.



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11. Appendices

Appendix A - Checklist for Managers, Supervisors, & TMs

Know the Symptoms of COVID-19

- Coughing, fever, shortness of breath, and difficulty breathing.
- ▶ Early symptoms may include chills, body aches, sore throat, headache, diarrhea, nausea/vomiting, runny nose, and loss of taste and smell. If team member develops a fever and symptoms of respiratory illness, DO NOT GO TO WORK and call your supervisor and healthcare provider immediately. Do the same thing if you come into close contact with someone showing these symptoms.

A/Z Responsibilities

- ▶ Develop a COVID-19 Exposure Action Plan.
- Conduct safety meetings (toolbox talks) by phone or video conference if possible. If not, meetings should be conducted outside, instruct TMs to maintain six feet between each other. The foreman/supervisor will track attendance verbally rather than having TMs sign an attendance sheet.
- Access to the job site and work trailer will be limited to only those essential for the work.
- ▶ All TMs/visitors will be pre-screened to ensure they are not exhibiting symptoms.
- TMs, contractors, and visitors will be asked to leave the jobsite and return home if they are showing any COVID-19 symptoms.
- ► CDC COVID-19 safety signage will be prominently displayed on the job sites.
- Provide TMs with project-specific COVID-19 training.
- Provide soap and water or hand sanitizer with at least 60% ethanol or 70% isopropanol and maintain Safety Data Sheets of all disinfectants used on site.
- ▶ Provide protective equipment (PPE) to any TMs assigned cleaning/disinfecting tasks.

Team Member Responsibilities

- ► TMs are encouraged to minimize ridesharing and should travel separately to work sites.
- ▶ Become familiar with the Exposure Action Plan and follow all elements of the Plan.
- ► If a team member develops a fever and symptoms of respiratory illness, such as cough or shortness of breath, DO NOT GO TO WORK.
- Practice good hygiene: wash hands with soap and water for at least 20 seconds. If these are not available, use alcohol-based hand rub with at least 60% ethanol or 70% isopropanol. Avoid touching your face, eyes, food, etc. with unwashed hands.



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- Avoid physical contact with others and direct others (co-workers/contractors/visitors) to increase personal space to at least six feet, where possible.
- Wear all minimally required job site PPE.

Cleaning/Disinfecting Job Sites & Other Protective Measures

- ► Clean and disinfect frequently used tools and equipment on a regular basis. This includes other elements of the jobsite where possible. Employees should regularly do the same in their assigned work areas.
- Clean shared spaces such as trailers and break/lunchrooms daily.
- Disinfect shared surfaces (door handles, machinery controls, etc.) on a regular basis.
- Avoid sharing tools with co-workers. If not, disinfect before and after each use.
- Arrange for any portable job site toilets be cleaned by the leasing company at least twice per week and disinfected on the inside.
- Trash collected from the jobsite must be changed frequently by someone wearing gloves.

Personal Protective Equipment & Alternate Work Practice Controls

- Provide and wear the proper PPE.
- ▶ Work activities will be evaluated to confirm Social/Physical Distancing of six feet apart can be maintained while performing a task. When a task cannot be performed while maintaining Social/Physical Distancing, additional PPE may be required to engage in that task including:
 - Cover-alls
 - Face shields
 - Medical face masks/N95 masks/face covering
- Keep the dust down by using engineering and work practice controls, specifically through the use of water delivery and dust collection systems.

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Appendix B - COVID-19 Safety Talk

What is COVID-19?

The novel coronavirus, COVID-19 is one of seven types of known human coronaviruses. COVID-19, like the MERS and SARS coronaviruses, likely evolved from a virus previously found in animals. The remaining known coronaviruses cause a significant percentage of colds in adults and children, and these are not a serious threat for otherwise healthy adults.

Patients with confirmed COVID-19 infection have reportedly had mild to severe respiratory illness with symptoms such as fever, cough, and shortness of breath.

According to the U.S. Department of Health & Human Services/CDC, Chinese authorities identified an outbreak caused by a novel—or new—coronavirus. The virus can cause mild to severe respiratory illness. The outbreak began in Wuhan, Hubei Province, China, and has spread to a growing number of other countries—including the United States.

How is COVID-19 Spread?

COVID-19, like other viruses, can spread between people. Infected people can spread COVID-19 through their respiratory secretions, especially when they cough or sneeze. According to the CDC, spread from person-to-person is most likely among close contacts (about six feet). Person-to-person spread is thought to occur mainly via respiratory droplets produced when an infected person coughs or sneezes, like influenza and other respiratory pathogens. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. It is currently unclear if a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes.

In assessing potential hazards, employers should consider whether their workers may encounter someone infected with COVID-19 in the course of their duties. Employers should also determine if workers could be exposed to environments (e.g., worksites) or materials (e.g., laboratory samples, waste) contaminated with the virus.

Depending on the work setting, employers may also rely on identification of sick individuals who have signs, symptoms, and/or a history of travel to COVID-19-affected areas that indicate potential infection with the virus, in order to help identify exposure risks for workers and implement appropriate control measures.

There is much more to learn about the transmissibility, severity, and other features associated with COVID-19, and investigations are ongoing.



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How to Prevent the Spread of COVID-19?

- Wash / disinfect your hands often
- Avoid close contact (six feet)
- ▶ Cover your mouth and nose with a cloth face cover when around others
- Cover coughs and sneezes
- ▶ Clean and disinfect frequently touched surfaces



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Appendix C - Cleaning of Tools to Help Prevent Spread of COVID-19

This protocol is subject to the recommendations of the CDC, OSHA, and those of state and local health departments. Please follow applicable guidelines of these agencies.

- ▶ People handling tools should wash their hands or use a proper hand sanitizer before and after use to help prevent contamination.
- ▶ People handling tools should be properly trained and protected using necessary Personal Protective Equipment (PPE).
- ► Clean tools with mild soap, a clean damp cloth, and, as needed, an approved diluted bleach solution only. Certain cleaning agents and solvents are harmful to plastics and other insulated parts and should not be used.
- It is not recommended to use cleaners that have conductive or corrosive materials, especially those with ammonia. Some of these include gasoline, turpentine, lacquer thinner, paint thinner, chlorinated cleaning solvents, ammonia and household detergents containing ammonia.
- Never use flammable or combustible solvents around tools.

Cleaning Options

Mild Soap & Diluted Bleach Solution (Immediate Reuse): Tool(s) can be cleaned with a mild soap and damp cloth to remove dirt and grease and then decontaminated with a diluted bleach solution, which is consistent with CDC advice. The full diluted bleach cleaning procedure can be found below. Not recommended for batteries.

Mild Soap & Rest: Tool(s) can be cleaned with mild soap and a damp cloth to remove the fluids and then left to rest for three days. This is based on CDC advisement that the virus may live on plastic surfaces for up to 72 hours, which suggest that the virus would no longer be harmful after the resting period. After this, the tool can be cleaned again. Recommended for batteries.

Procedure

- 1. Clean the product surface with mild soap and water to remove dirt and grease.
- **2.** Dip a clean cloth into the dilute bleach solution.
- **3.** Wring out the cloth so it is not dripping wet.
- **4.** Gently wipe each handle, grasping surfaces, or outer surfaces with the cloth, using care to ensure liquids do not flow into tool.
- 5. No other cleaning material should be used as the diluted bleach solution should never be mixed with ammonia or any other cleanser.
- **6.** Allow the surface to dry naturally.



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7. The cleaner should avoid touching their face with unwashed hands and should immediately wash their hands after this process.

- **8.** A properly diluted bleach solution can be made by mixing:
 - 5 tablespoons (1/3rd cup) bleach per gallon of water; or
 - 4 teaspoons bleach per quart of water

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Appendix D - COVID-19 Project Personnel Survey Certification

Company Name:	
• •	

The following survey provides a platform for communication of information and preventive actions, which is necessary to mitigate the community spread of COVID-19. To this end, each employer / subcontractor is required to complete this survey with their TMs each day prior to the start of work.

COVID-19 Typical Symptoms

- Fever
- Cough
- Shortness of breath
- Sore throat
- ► Early symptoms such as chills, body aches, headache, diarrhea, nausea/vomiting, runny nose, and loss of taste and smell.

As the crew leader, I certify that the questions listed below and CDC "Stop the Spread of Germs" poster was reviewed with:

- Each existing team member during the daily huddle;
- ▶ Each existing team member that was transferred to the project today, and
- ▶ Each existing team member that called in sick.

Questions

- ▶ Do you have signs of a fever or a measured temperature above 100.3°F or greater, a cough or trouble breathing within the past 48 hours?
- ▶ Have you had "close contact" with an individual diagnosed with COVID-19? ("Close contact" means living in the same household as a person who has tested positive for COVID-19, being within six feet of a person who has tested positive for COVID-19 for about ten minutes or longer, or coming in direct contact with secretions (e.g., sharing utensils, being coughed on) from a person who has tested positive for COVID-19, while that person was symptomatic).
- Have you been asked to self-isolate or quarantine by a doctor or a local public health official?



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Responses & Actions

0	NO, team	member(s)	may begin	and/or	continue	work
---	----------	-----------	-----------	--------	----------	------

0	YES, the team member(s) is required to immediately leave the project, contact their primary care doctor, and
	remain out of work for the duration outlined below.

Individuals who have symptoms of acute respiratory illness are to stay home and not come to work until they are free of fever (100.3° F or less using an oral thermometer twice per day), signs of a fever, and any other symptoms for at least 48 hours, without the use of fever-reducing or other symptom-altering medicines (e.g. cough suppressants), or until public health order has been released.

Crew Leader Printed Name
Number of Personnel
Crew Leader Signature
Date

Return this certification no later than 8:00 am with daily safe plan of action.

Signs of fever may be considered present if a person has not had a temperature measurement but feels warm to the touch or gives a history of feeling feverish. The self reported history of feeling feverish when a thermometer is not available, or the ill person has taken medication that would lower the measured temperature. The appearance of a flushed face, glassy eyes, or chills if it is not feasible to touch the person or if the person does not report feeling feverish.



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Appendix E - Contact Tracing

A contact is defined as a person who has been in close proximity (within six feet) or in confined airspace contact with a virus case for ten minutes or more within the virus's incubation period. Retain this list and provide copies to the health department as directed, and/or to the site coordinator and safety/security staff. Use additional sheets as necessary.

	Name	Telephone
Affected Person		
Contact Information Provided By		
Contact Information Provided By		
Contact		



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Appendix F - Signage / Postings



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Appendix G - Pre-Screening Travel Forms

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.













cdc.gov/COVID19



Protect your fellow workers and their families. **DO NOT ENTER** if you have any flu-like symptoms, including the following:



Fever Over 100.4 Degrees



Shortness of Breath



Cough

NOTIFY YOUR SUPERVISOR; AVOID CONTACT WITH OTHERS AND SEEK MEDICAL ATTENTION.



Protege tus compañeros y sus familias. NO ENTRAR si estás enfermo o tiene síntomas similares de la gripe.



Temperatura Más de 100.4 Grados



Falta De Aire



NOTIFICAR A SU SUPERVISOR; EVITAR CONTACTO CON OTROS Y BUSCAR TRATAMIENTO MÉDICO.

STOP THE SPREAD

PROTOCOLS FOR PREVENTING CORONAVIRUS DISEASE (COVID-19)

Practice social distancing; stay 6 feet away from others at all times.





Cover coughs and sneezes with a tissue or elbow; throw the tissue in the trash.

Avoid touching your eyes, nose, and mouth.





Regularly disinfect touchable surfaces, especially in jobsite trailers with high traffic.

Frequently sanitize commonly-touched equipment. Sanitize and avoid sharing tools.





Wash your hands often for 20 seconds with soap and water or 60% alcohol-based hand sanitizer.

DETENGA LA PROPAGACIÓN DE LOS MICROBIOS

PROTOCOLOS PARA PREVENIR LA PROPAGACIÓN DE COVID-19

Practicar el distanciamiento social; Manténgase a 6 'de distancia de otros.





Cúbrase la nariz y la boca con un pañuelo desechable o codo.

Evite tocarse los ojos, la nariz y la boca.





Limpie y desinfecte los objetos y las superficies que se tocan frecuentemente. Especialmente en remolques de construcción con alto tráfico.

Desinfecte frecuentemente los equipos que se tocan con frecuencia. Evite compartir herramientas con otros.





Lávate los manos con frecuencia por 20 segundos con agua y jabón, o desinfectante para manos- 60% a base de alcohol.







New Hire / Return to Work / Out of State Project Transfer COVID-19 Pre-screening Checklist & Questionnaire

Name:	ID Number:		Date:		
Telephone Number:	Job Title:				
Current Jobsite Location or Residence if New	Current Jobsite Location or Residence if New Hire or RTW (City, State):				
Jobsite Assignment Location (City, State):		Assignment Date:			
Checklist:					
Travel may expose you to new parts of the country with differing levels of community transmission. And, if you're infected, your travel may put others at risk—along the way, at your destination, and when you return home. Check with the state or local health department where you are, along your route, and at your planned destination: https://www.cdc.gov/publichealthgateway/healthdirectories/healthdepartments.html Pack alcohol-based hand sanitizer (at least 60% alcohol) and keep it in a place that is readily available. Pack disinfectant and other cleaning supplies so that you may clean and disinfect all high-touch surfaces when you get to your room or rental property. Do not to carpool other than with immediate family. Plan to make as few stops as possible, but make sure you rest when you feel drowsy or sleepy. It is essential that you take steps to help prevent getting and spreading COVID-19 during travel as outlined by the CDC: https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html					
Questionnaire:					
Are you or a member of your household experiencing a sore throat, fever above 100.4 degrees, coughing, or difficulty breathing (shortness of breath)? If yes, which symptoms and when did they start? Has a healthcare professional been consulted?					
Have you or a member of your household been in contact with someone who has tested positive for COVID-19 or exhibited symptoms consistent with COVID-19? If yes, where? When? Confirmed case?					
Have you or a member of your household be potentially infected with COVID-19 are being		-	ys where people infected with or		

a.	e you or a member of your household done any of the following within the last 14 days: a. Traveled between states or utilized public forms of transportation? If yes, where? When?			
b.	Attended a large gathering of 10 or more people? If yes, where? When?			
	of the above, 1) direct candidate/team member not to go to work 2) email questionnaire to Dr. Curtis via Share File. will contact team member directly to identify disposition.			
If no to all of the above and the TM is a new hire or RTW with a jobsite assignment in the same state as the candidate's/TM's residence then please continue new hire process/confirm the TM to RTW. Provide all new hire questionnaires to Dr. Curtis, but do not provide in-state RTW questionnaires to Dr. Curtis; otherwise all out of state new hires/RTW/project transfers need to be approved by Dr. Curtis regardless of all no answers on questionnaire and the following additional information must be provided:				
Duration of	Current Assignment or TLO:			
	current Assignment of TLO.			
Method of T	ravel (car, plane, etc.):			
States TM w	ravel (car, plane, etc.):			
States TM w	ravel (car, plane, etc.): ill Travel Through: TM will Stopover (City, State) & Duration:			







COVID-19 Pre-screening for Personal Travel between States with Overnight Stay and/or via Public Transportation

COVID-19 cases and deaths have been reported in all 50 states, and the situation is constantly changing. Because travel increases your chances of getting infected and spreading COVID-19, avoiding personal travel between states and/or via public transportation is the best way to protect yourself and others from getting sick. Do not travel or come to work if you are sick, or if you have been around someone with COVID-19 in the past 14 days. Do not travel with someone who is sick.

Consider the following with regard to your personal travel between states and/or via public transportation:

- Travel may expose you to new parts of the country with differing levels of community transmission. And, if you're infected, your travel may put others at risk along the way, at your destination, and when you return home, even if you don't have symptoms. Check the CDC COVID data tracker to find out if COVID-19 is spreading where you're going: https://www.cdc.gov/covid-data-tracker/index.html#cases
- Individuals who have an increased risk of severe illness from COVID-19 should limit travel.
- Check with the people that you will be visiting with to assess their behavior/risk.
- Try to avoid public transportation as these are all places you can be exposed to the virus in the air and on surfaces.
- Plan to make as few stops as possible, but make sure you rest when you feel drowsy or sleepy.
- Some state and local governments may require people who have recently traveled to stay home for 14 days.
- Upon returning from your trip and prior to returning to work your supervisor will ask you to complete the below return to
 work questionnaire and Dr. Curtis, Cianbro's Medical Director, may require you to quarantine/isolate at home for a period
 of time and/or complete COVID-19 testing.
- Dr. Curtis will direct return to work requirements based on the following protocol:
 - o Team Member travel from a high rate area
 - COVID-19 test required upon arrival
 - If symptom free, they may return to work while awaiting test results with mandatory face covering use at all times regardless of social distancing.
 - Mandatory face covering required for a minimum of 5 days regardless of test results.
 - If test result is still pending after 5 days, mandatory face-covering use will be required every day thereafter until a negative result is received.
 - If at any time one develops symptoms, they must call Dr. Curtis.
 - Team members may remove their mask for a break, only when 6' or more from others.
 - o Team Member travel from a **low rate area**
 - No COVID-19 test required upon arrival
 - If they <u>do not</u> have symptoms they can go to work with mandatory face covering use for 5 days at all times
 - If at any time one develops symptoms, they must call Dr. Curtis.
 - o If a member of your household travels from any area
 - No team member COVID-19 test required if household member does not have symptoms.
 - Team member may go to work with mandatory face covering use for 5 days if social distance (minimum
 6') is unable to be maintained for 10 minutes or more in duration.
 - Team member may only remove their face covering if working in excess of 6' from others, however, these team members shall wear a face covering anytime they are moving around common areas (e.g., in hallways and stairwells, going to the restroom or break room, etc.)

Checklist:

Wash your hands often with soap and water for at least 20 seconds, especially after you have been in a public place, after touching surfaces frequently touched by others, after blowing your nose, coughing, or sneezing, and before touching your face or eating.
Pack and use alcohol-based hand sanitizer (at least 60% alcohol) for when soap and water is not available and keep it in a place that is readily available. Cover all surfaces of your hands and rub your hands together until they feel dry.
Avoid touching your face.
Keep 6 feet of physical distance from others.
Wear a cloth face covering in public and while traveling via public transportation including a taxi and/or ride sharing service. Also ensure adequate ventilation
Cover coughs and sneezes and be sure to wash/sanitize your hands afterwards.
Pack disposable gloves, disinfectant, and other cleaning supplies so that you may clean and disinfect all high-touch surfaces when you get to your room or rental property. Gloves should be discarded after each cleaning.

It is essential that you take steps to help prevent getting and spreading COVID-19 during travel as outlined by the CDC: https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html

Travel Details (to be completed in advance of personal travel between states):				
Name:	ID Number:	Date:		
Telephone Number:	Job Title:			
Location Residing in Prior to Trip (City, State):	Trip Location (City, State):	Trip Dates:		
ow long have you resided in current location (state) will travel require public transportation? Yes No		If yes, what type?		
States you will travel through: Locations(s) you will Stopover (City, State) & Duration:				
 Email questionnaire to <u>review@integrahealthpa.com</u>. Reporting on team member's status is provided to the respective Operational HR Manager for each BU/Mkt and they will inform the supervisor of the team member's status prior to the team member's travel. 				

R	Return to Work Questionnaire (prior to returning to work your supervisor will ask):					
Are you or a member of your household experiencing a sore throat, fever above 100.4 degrees or chills, coughing, difficulty breathing (shortness of breath), fatigue, muscle or body aches, headache, new loss of taste or smell, congestion or runny nose, nausea or vomiting, or diarrhea?						
		If yes, has a healthcare professional been consulted?		Yes No		
H	lave you or a member of your household done any of the following within th	e last 14 days:				
•	Been to a facility where someone is known to have tested positive for COVID-19?	Yes No	If yes, where? Whe	en?		
•	Been in contact with someone who has tested positive for COVID-19 or exhibited symptoms consistent with COVID-19?	Yes No	If yes, where? Whe	en?		
•	Been to a healthcare facility where people infected or potentially infected with COVID-19 are being treated?	Yes No	If yes, where? Whe	en?		
•	Traveled between states or utilized public forms of transportation?	Yes No	If yes, where? Whe	en?		
•	Attended a gathering in which one or more individuals from different households were unable to maintain social distancing (minimum 6') and masks were not worn?	Yes No	If yes, where? Whe	en?		

If yes to any of the above:

- 1. Direct team member not to return to work.
- 2. Email questionnaire to review@integrahealthpa.com.
- 3. Dr. Curtis will contact team member directly to identify their status.
- 4. Reporting on the team member's status is provided to the respective Operational HR Manager for each BU/Mkt to inform the supervisor of the team member's status prior to the supervisor allowing the team member to return to work.

If no to all of the above, please confirm the team member to return to work.







COVID-19 Pre-screening For Attending an Event or Gathering

What you need to know

- Stay home if sick.
- Wear masks in public settings and when around people who don't live in your household, especially when other social distancing
 measures are difficult to maintain.
- Use social distancing (stay at least 6 feet away from others).
- Before you go, call and ask what extra prevention strategies they are using, like requiring staff to wear masks.
- Wash your hands with soap and water for at least 20 seconds when you get home.

Prepare before you go:

- Stay home if you have been diagnosed with COVID-19 (<u>symptoms of COVID-19</u>), if you are waiting for COVID-19 test results, or may have been exposed to someone with COVID-19.
- Check with the organizer or event venue for updated information about any COVID-19 safety guidelines and if they have steps in place. to prevent the spread of the virus.
- Prioritize attending outdoor activities over indoor activities and stay within your local area as much as possible.
- Bring supplies to help you and others stay healthy—for example, <u>masks</u> (bring extra), hand sanitizer with at least 60% alcohol, and drinking water.

Use social distancing and limit physical contact

- Maintain a distance of at least 6 feet or more from people who don't live in your household. Be particularly mindful in areas where it may harder to keep this distance, such as check-in areas, parking lots, and routes of entry and exit.
- Select seating or determine where to stand based on the ability to keep 6 feet of space from people who don't live in your household, including if you will be eating or drinking.
- Arrive to the event early or at off-peak times to avoid crowding and congested areas.
- Avoid using restroom facilities or concession areas at high traffic times, such as intermission, half-time, or immediately at the end of the
 event.

Wear masks

- Wear a mask when interacting with other people to minimize the risk of transmitting the virus.
 - Wearing masks is most important when social distancing is difficult.
 - o Masks are strongly encouraged in settings where individuals might raise their voices, such as shouting, chanting, or singing.

Limit contact with commonly touched surfaces or shared items

- Use touchless garbage cans or pails and cashless payment options when possible. Otherwise, exchange cash or card by placing payment in a receipt tray, if available, or on the counter.
- Avoid any self-serve food or drink options, such as buffets, salad bars, and condiment or drink stations. Use grab-and-go meal options, if available.
- Use disposable food service items including utensils and dishes, if available.
- Wash your hands with soap and water for at least 20 seconds or use hand sanitizer immediately before eating food or after touching any
 common surfaces like hand railings, payment kiosks, door handles, and toilets.

Event or Gathering Details (to be completed in advance of attendance):				
ame:	ID Number:		Date:	
lephone #:	Job Title:			
ocation Residing in Prior to Gathering (City,	ST):	Gathering Location (Ci	ty, S T): Date(s):	
ow long have you been in the location (state u are currently residing in prior to gathering	·	Will gathering require transportation? Yes	· <u> </u>	
ates you will travel through:	Stopover Locat	tions(s) (City, ST, Duration):	Number of People Attending Gathering:	
doors or Outdoors?	Will Social Distancing be Used (at least 6 Will Attendees be Wearing Masks?			
Indoors Outdoors	feet away from others)? Yes No Yes No			
indoor, length of time spent indoors: If indoor, size of venue:				
Is One or More Attendees Traveling from Outside Local Area (e.g., Community, Town, City, County)? Yes No If Yes, Provide Details:				
1) Email questionnaire to <u>review@integrahealthpa.com</u> .				

2) Reporting on team member's status is provided to the respective Operational HR Manager for each BU/Mkt and they will inform the supervisor of the team member's disposition prior to the team member's travel.

Return to Work Questionnaire (prior to returning to work your supervisor will ask):				
Are you or a member of your household experiencing a sore throat, fever above 100.4 degrees or chills, coughing, difficulty breathing (shortness of breath), fatigue, muscle or body aches, headache, new loss of taste or smell, congestion or runny nose, nausea or vomiting, or diarrhea? Yes No				
If yes, which symptoms?	When did they start?	Has a healthcare professional been consulted? Yes No		
Have you or a member of your household been in contact with someone who has tested positive for COVID-19 or exhibited symptoms consistent with COVID-19? Yes No				
If yes, where?	When:	Confirmed case? Yes No		
Have you or a member of your household been to a facility within the last 14 days where someone is known to have tested positive for COVID-19? Yes No				
If yes, where?	When:			
Have you or a member of your household been to a healthcare facility within the last 14 days where people infected with or potentially infected with COVID-19 are being treated? Yes No				
If yes, where?	When:			
Outside of what was submitted in your personal travel details above, did you or a member of your household travel between states or utilized public forms of transportation within the last 14? Yes No				
If yes, where?	When:			
Outside of what was submitted in your personal travel details above, have you or a member of your household attended a gathering in which one or more individuals from different households were unable to maintain social distancing (minimum 6') and masks were not worn? Yes				
If yes, where?	When:			
If yes to any of the above:				
1) direct team member not to return to work.				
2) email questionnaire to review@integrahealthpa.com .				
3) Dr. Curtis will contact team member directly to identify their status.				
4) Reporting on team member's status is provided to the respective Operational HR Manager for each BU/Mkt to inform the supervisor of the team member's disposition prior to the supervisor allowing the team member to return to work.				
If no to all of the above then please confirm the team member to return to work.				

